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Professional Development Training and Presentations

Learning Solutions offers a wide array of professional development, presentations and training opportunities for educators, mental health professionals, clinicians, and parents. Our clinicians and educators are well-versed in a broad range of topics, including:

- ADHD
- Anxiety
- Attachment
- Autism spectrum disorder
- Behavioral needs and modifications in the classroom
- Body Image
- Creating an inclusive school/classroom environment
- Depression
- Development across the lifespan
- Dyscalculia
- Dysgraphia
- Dyslexia
- Eating disorders
- Emotional connection in parenting
- Emotional dysregulation
- Executive functions
- Giftedness
- Identity formation
- Intersections of identity and diagnosis
- Learning disabilities
- Mood disorders
- Math disabilities and the relationship to writing
- Neurodiversity
- Parenting
- Procrastination and perfectionism
- Reading development
- Reading fluency
- School refusal
- Social communication
- Stress management
- Suicide prevention
- Trauma and trauma-related disorders
- Trauma-informed practices
- Understanding assessment and evaluation
- Universal Design for Learning
- Women, gender diversity and autism

Examples of the type of training we provide are below. These may be curtailed or expanded based on your unique needs, setting and time available. In addition to the offerings below, our multidisciplinary team is happy to create a custom training for your staff or organization based on our range of expertise.

Previous Trainings and Presentations

Trainings geared towards clinicians and mental health agencies

- Addressing Suicidality and Self-Harm in the Therapy Room
- Autism 101: Exploring Neurodiversity
- Dialectical Behavioral Therapy and Borderline Personality Disorder
- Agency-Specific Consultation Service
- Treatment Interventions for Complex Presentations
- Evaluation and Assessment: Autism Spectrum Disorder, ADHD and Learning Disabilities
- Women and gender diversity on the autism spectrum: Considerations for assessment and treatment
- Emotional dysregulation in ADHD and Learning Disabilities
- Learning Disabilities and ADHD
- Emotional dysregulation and executive functions in ADHD and Learning Disabilities
- Trauma-Informed Practices and Treatment Interventions
- Social Communication, Social Pragmatics and Social Thinking
- Supporting Parents: Psychoeducation, Validation, and Intervention
- Attachment, Emotional Connection and Brain Development
- Gender Diversity and Intersections of Neurodiversity, Trauma, and Identity Formation

Trainings geared towards college counseling centers

- Addressing Suicidality and Self-Harm in the Therapy Room
- Autism 101: Exploring Neurodiversity
- Dialectical Behavioral Therapy and Borderline Personality Disorder
- School-Specific Consultation Service
- Treatment Interventions for Complex Presentations
- Evaluation and Assessment: Autism Spectrum Disorder, ADHD and Learning Disabilities
- Suicide Prevention: Community-Based Approaches
- Women and gender diversity on the autism spectrum: Considerations for assessment and treatment

Trainings geared towards educators and schools

- Practical solutions to implement behavior modification plans in the classroom
- Differentiating between validation needs and behavioral needs in the classroom
- Emotional dysregulation in ADHD and Learning Disabilities
- Learning Disabilities and ADHD
- Emotional dysregulation and executive functions in ADHD and Learning Disabilities
- Addressing anxiety, avoidance, and depression in the classroom
- Addressing school refusal
- Autism Spectrum Disorder: Exploring Neurodiversity

- Preventing suicidality in youth and creating a healthy and inclusive school environment
- Trauma-informed practices for the classroom and practical solutions to support the traumatized child
- Diagnosing Autism
- Intersection of social communication and emotional dysregulation
- Women and gender diversity on the autism spectrum: Considerations for assessment and treatment
- Multi-part series: Enhancing teacher-child relationships
 - Part 1- Communication difficulties, including social pragmatics, social interaction and communication, and interpersonal difficulties
 - Part 2- Attentional difficulties
 - Part 3- Executive function weaknesses
 - Part 4- Social and emotional difficulties and dysregulation
 - Part 5- Learning disabilities, including fluency disorders, nonverbal learning disorder, disorders of written expression, dyslexia, and dyscalculia
 - Part 6- Trauma
- Multi-Part series: Addressing the needs of your district
- School-Specific Consultation Service
- Universal Design for Learning: Single seminars or embedded professional learning

Trainings geared towards parents

- Parenting children with anxiety
- Addressing school refusal
- Connect to correct: Emotional connection in parenting
- Identifying depression and suicidality in children and adolescents
- Supporting reading, writing and/or mathematics development at home

Trainings geared towards parents and/or educators of young children

- Attachment and emotional connection for brain integration
- The importance of play